

Carol Breeding Arvin, M.A., L.M.H.C.
(360) 920-9450
carol@carolarvin.com

INSURANCE VERIFICATION FOR MENTAL HEALTH BENEFITS

You can use this form when you call your insurance company to get all your questions answered. You will find the information you need on your card.

Date of call _____ Patient name _____

Subscriber name (if different) _____ Subscriber date of birth _____

Subscriber ID# _____ Group # _____

Insurance company name _____ Phone number _____

Effective coverage dates _____ **Mental health benefits?** Yes No

Are there limits to these m.h. benefits? Y/N If yes, # of visits _____

Have any benefits been used this year? Y/N If yes, # of visits used _____

Does this plan have a **deductible**? Y/N If yes, does it apply to m.h. benefits? Y/N

How much is this deductible? _____

How much has been met this year? _____

Is there a **co-pay or co-insurance**?

If co-pay, how much is it per session? _____

If co-insurance, what percentage of allowable amount is patient responsibility?

My ultimate responsibility will be (deductible, co-pay + co-ins): _____

Do I need any kind of **referral or authorization** before beginning services? Y/N

If yes, what do I need to do?
